

# Heddon on the Wall Primary School



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Choice of Pizza Slice. Served with Wedges & Sweetcorn	Homemade Mince Beef Pie with a Suet Crust Baby Roast Potatoes & Carrots	Geordie Banger Toad in the Hole Served with Mash, Veg & Gravy	Chicken Katsu Curry Sticky Rice, Grated Carrot & Sweetcorn	Lightly Battered Cod Fillet Portion, served with Chips and Beans or Peas.
VEGETARIAN OPTION	Homemade Tomato & Lentil Soup Served with a Cheese Sandwich	Rialtos Pasta Napoli Served with Garlic Bread & Salad or Vegetables	Veggie Sasuage Toad in the Hole Served with Mash, Veg & Gravy	Pele Tomato & Mascarpone Penne Pasta with Garlic Bread & Salad or Vegetables	Slightly spicy Cheese & Bean Pasty Served with Chips & Beans or Peas
SANDWICH OPTION		Wholemeal Sandwich with a Choice of Filling Served with Side Salad & Nachos	Crusty Baguette with a Choice of Filling Served with Side Salad & Nachos	Wholemeal Sandwich with a Choice of Filling Served with Side Salad & Nachos	Wholemeal Sandwich with a Choice of Filling Served with Side Salad & Chips
JACKET POTATO OPTION	Each day we have jacket potatoes available with a choice of fillings served with a side salad.				
DESSERT	Lemon Shortbread Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Jam Roly Poly & Custard Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Selection of Jelly Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Chocolate Brownie Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Ice Cream Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt

# Heddon on the Wall

## Primary School



### WEEK 2

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

#### MAIN COURSE

Choice of Pizza Slice.  
Served with Wedges &  
Sweetcorn

Chicken Tikka Masala  
with Rice, Naan Bread &  
Broccoli

Roast Pork Loin  
& all The Trimmings  
Served with Roast  
Potatoes, Vegetables

Minced Beef &  
Dumplings  
Served with skin on  
Mash, Carrots & Broccoli

Lightly Battered Cod  
Bites  
Served with Chips &  
Peas or Beans

#### VEGETARIAN OPTION

Vegan Lentil &  
Vegetable Pasta  
Bolognaise with Salad &  
Garlic Bread

Rialtos Pasta Napoli  
Served with Garlic Bread  
& Salad or Vegetables

Macaroni Cheese  
Served with Garlic Bread  
& Salad or Vegetables

Pele Tomato &  
Mascarpone Penne  
Pasta with Garlic Bread  
& Salad or Vegetables

Five Bean Burrito  
with Chips & Peas or  
Beans

#### SANDWICH OPTION

Wholemeal Sandwich  
with a Choice of Filling  
Served with  
Side Salad & Nachos

Crusty Baguette with a  
Choice of Filling Served  
with Side Salad & Nachos

Wholemeal Sandwich  
with a Choice of Filling  
Served with  
Side Salad & Nachos

Wholemeal Sandwich  
with a Choice of Filling  
Served with  
Side Salad & Chips

#### JACKET POTATO OPTION

Each day we have jacket potatoes available with a choice of fillings served with a side salad.

#### DESSERT

Anzac Biscuits  
Cheese & Biscuits  
Fresh Fruit Choice  
Choice of Yoghurt

Apple & Berry Crumble  
Cheese & Biscuits  
Fresh Fruit Choice  
Choice of Yoghurt

Fruit Salad  
Cheese & Biscuits  
Fresh Fruit Choice  
Choice of Yoghurt

Carrot Cake  
Cheese & Biscuits  
Fresh Fruit Choice  
Choice of Yoghurt

Cheesecake Slice  
Cheese & Biscuits  
Fresh Fruit Choice  
Choice of Yoghurt

# Heddon on the Wall Primary School



## WEEK 3

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN COURSE

Choice of Pizza Slice.  
Served with Wedges &  
Sweetcorn

Swedish Meatballs  
with Creamed Potatoes  
& Vegetable Medley

Roast Chicken, Stuffing &  
Yorkshire Pudding  
Served with Fresh  
Potatoes & Vegetables

Sticky Honey & Garlic  
Glazed Chicken Thighs  
with Savoury Rice &  
Broccoli

Fish Fingers  
Served with Chips &  
Peas or Breans.

#### VEGETARIAN OPTION

Tomato & Vegetable  
Soup with a  
Cheese Panini

Rialtos Pasta Napoli  
Served with Garlic Bread  
& Salad or Vegetables

Macaroni Cheese  
Served with Garlic Bread  
& Salad or Vegetables

Pele Tomato &  
Mascarpone Penne  
Pasta with Garlic Bread  
& Salad or Vegetables

Quorn Dippers  
Served with Chips &  
Peas or Beans.

#### SANDWICH OPTION

Wholemeal Sandwich  
with a Choice of Filling  
Served with  
Side Salad & Nachos

Crusty Baguette with a  
Choice of Filling Served  
with Side Salad  
& Nachos

Wholemeal Sandwich  
with a Choice of Filling  
Served with  
Side Salad & Nachos

Wholemeal Sandwich  
with a Choice of Filling  
Served with  
Side Salad & Chips

#### JACKET POTATO OPTION

Each day we have jacket potatoes available with a choice of fillings served with a side salad.

#### DESSERT

Flapjack  
Cheese & Biscuits  
Fresh Fruit Choice  
Choice of Yoghurt

Rice Pudding with Fruit  
Cheese & Biscuits  
Fresh Fruit Choice  
Choice of Yoghurt

Fresh Fruit Salad  
Cheese & Biscuits  
Fresh Fruit Choice  
Choice of Yoghurt

Chocolate & Beetroot  
Muffins  
Fresh Fruit Choice  
Choice of Yoghurt

Waffles & Banana  
Cheese & Biscuits  
Fresh Fruit Choice  
Choice of Yoghurt