WEST NORTHUMBERLAND FAMILY HUBS

What's on at Prudhoe Family Hub and online

A range of groups supporting parents and children to learn together





PEEP BABIES (0-6 months) & (6-12 months)

Explore hints & tips to help you in these first few months with your baby. These sessions create stimulating play experiences, to how to communicate with your baby and understand each stage of their development.



PEEP TODDLERS (1-2 years +)

Connect with others and discuss key aspects of your child's development as they learn and grow, which will support you in helping your child make the most of the world around them.



PEEP EARLY COMMUNICATORS (18 months +)

These sessions support young children in learning to express themselves and improves communication between parents and children. Help boost your little ones speech and language, social skills, routine and much more.

Midwife & Health Visitor Appointments

You can arrange to see your Midwife or Health Visitor at the Family Hub. Please contact them directly to book.

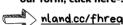
Midwife Appointments -0344 811 8118

Health Visitor Appointments -0300 373 2488

Find us on Facebook, and Instagram-.

@WestFamilyHubs

Request information for services using our form, click here-.



Get In Touch Phone: - 01661 839350 Email:- prudhoefamilyhub @northumberland.gov.uk



For more info on Family Hubs please visit nland.cc/familyhubs







LTTP-Learning Together Through Play A weekly group for families with children under 5 offering play and

activities to enjoy, with support from Practitioners. LTTP LTTP

(0-18months) Every Tuesday 10:00am - 11:00am (Term Time Only)

(0-5)Every Monday (Term Time Only)

LTTP at Albermarle (0-5) Every Wednesday 9:30am - 11:00am 10:00am - 11:00am 1:00pm - 2:00pm (Term Time Only)

Ponteland (0-18 months) Every Monday (Term Time Only)



(Additional Needs & Disabilities)

A group for families with a child under 5 with an additional need or waiting for assessment.

Every Friday 10:00am - 11:30am



AND Sensory Chill Out

A drop-in session for children aged 4-14 with a learning or physical disability, and their family. Come along after school and meet other young people and families in a safe space.

Every Tuesday 3:30pm - 5:00pm



Family Cafe!

A warm welcoming space for friends and family, to talk to the Family Hub team about the services that we offer for you and your family from pre birth to 19 years (25 years for SEND).

8:45 - 10:15am *Third Thursday of every month*



Family Panel Contact your Family Hub

Autism drop-in Contact your Family Hub

First Aid Courses Coming soon



Infant Feeding Support Group

1st and 3rd Tuesday of every month 10:00-11:30am At Prudhoe Family Hub Drop in