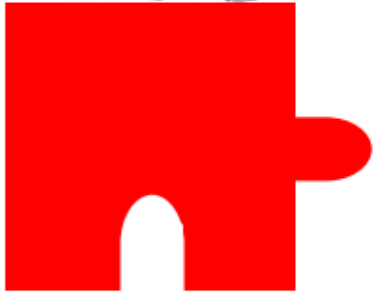


NURSERY READINESS

It's summer time! Over the summer holiday try to do all of the activities and complete the puzzle to help you to be ready for nursery in September.



Here are some top tips for making this manageable and fun:

- Keep it simple! The best experiences you share together will be the ones with little fuss where you can focus on just enjoying the experience together in a playful way.
- Use opportunities as they arise naturally in the day rather than 'staging them' where possible. Having everyday routines for getting dressed, mealtimes, playing outside and bedtime stories are a great way of doing this.
- Practice new skills regularly rather than just doing them once - young children need to do things lots of times before they master them!
- Keep talking! Supporting your child to communicate is key to success in learning. Teach them how to **ask** when they need help.
- Don't force things if your child isn't ready to join in, just come back to them again later.
- You know your child best and what skills they might need a bit more support with. The activities are just ideas of key experiences on the school readiness journey but do what you feel is right for your child's stage of development and is something that they can be successful with given opportunities to develop that skill over time.

Practise using the toilet and wiping when you need to, not forgetting to flush and wash your hands with soap and water.

Make a book, or put photographs on Tapestry, of your favourite things and people to share and talk about with your new friends at Nursery.

Talk about different emotions, e.g. excited, worried, happy, lonely, frustrated. Grown-ups can help their child to understand the words to describe different feelings.

Play dice games and practice taking turns and recognising the number of dots without counting. Start with numbers 1, 2 and 3.

Practise putting on your own socks, shoes and coat each day.

Learn one number song a week over the summer. Here are some suggestions: Baa, Baa, Black Sheep; Two little Dickie Birds, One Finger One Thumb Keep Moving, Heads Shoulders Knees and Toes.

Share a story every night at bedtime. It doesn't have to be a new one, in fact young children love hearing the same stories over and over again.

Play hide and seek to practise looking over, under, inside and on top of places.

Practise mark making and holding the pencil between 2 fingers and thumb. Practise drawing, both large and small scale, using pencils, chalk, water and brushes etc.

