

WEEK ONE

Did you know that we use local suppliers for our meat and vegetables?



	Meat Free Monday	Taco Tuesday	Roast Wednesday	Thursday	Fishy Friday
Main Course One	Margherita Pizza or Tuna & Sweetcorn Pizza	Freshly Baked Sausage Roll	Carved Ham & Yorkshire Pudding	Bolognaise Pasta Bake with a Cheesy Topping	100% Fish Fingers
Main Course Two	Jacket Potato with a Choice of Fillings	Shredded Chicken Taco's	Turkey Chilli Con Carne with Rice & Nacho Chips	Nando's Style Piri Piri Mini Chicken Fillets with Pitta Chips & Hummus	Quarter Pound Beef Burger with Salad & Sauce. Served with or without cheese.
Vegetarian	Rialtos Pasta Napoli & Garlic Bread (Secret Recipe Provided to Pele Trust)	Chilli Quorn Taco's	Jacket Potato with a Choice of Fillings	Falafel 's with Pitta Chips & Hummus	Veggie Burger with Salad & Sauce. Served with or without cheese.
Sides	Italian Roast Potatoes Sweetcorn Salad Coleslaw	Potato Wedges Peas Salad	Carrots Roast Potatoes Green Cabbage Nacho Chips	Garlic Bread Sweetcorn Salad Savoury Rice	Oven Chips Baked Beans Salad Garden Peas
Sandwich or Jacket Potato	Sandwich with a Choice of Veggie Fillings.	Jacket Potato with a Choice of Fillings.	Sandwich with a Choice of Fillings.	Jacket Potato with a Choice of Fillings.	Sandwich with a Choice of Fillings.
Dessert	Home Made Marble Cake	Cornflake Cakes	Apple Crumble & Custard	Melting Moments	School Compliant Ice Lollies

WEEK TWO



Our bread comes from Ponteland's own Davidsons Bakery!



	Meat Free Monday	Tuesday	Roast Wednesday	Thursday	Fishy Friday
Main Course One	Cheesy Tomato & Basil Pasta Bake	Bangers & Mash with Local Butchers Sausages	Roast Chicken Breast & Yorkshire Pudding.	Minced Beef & Dumpling	Oven Baked Breaded Cod
Main Course Two	Margherita Pizza or Tuna & Sweetcorn Pizza	Spanish Chicken & Chorizo Paella	Swedish Meatballs	Japanese Chicken Katsu Curry	New York Style Hot Dogs
Vegetarian	Jacket Potato with a choice of Fillings	Quorn Sausages & Mash	Jacket Potato with a Choice of Fillings	Vegetarian Japanese Katsu Curry	Cheese & Bean Quesadilla
Sides	Garlic Bread Sweetcorn Nachos	Green Beans Carrots Crusty Bread Salad	Roast Potatoes Broccoli Carrots Rice	Sticky Rice Sweetcorn Green Beans New Potatoes Grated Carrot	Oven Chips Peas Beans Salad
Sandwich or Jacket Potato	Sandwich with a Choice of Veggie Fillings.	Jacket Potato with a Choice of Fillings.	Sandwich with a Choice of Fillings.	Jacket Potato with a Choice of Fillings.	Sandwich with a Choice of Fillings.
Dessert	Ice Cream	Rice Pudding & Fruit Compote	Jam & Coconut Cake	Flapjack	Chocolate Muffins

WEEK THREE



When available we use produce grown by the pupils at this school!

You can't get any more local than that!



	Meat Free Monday	Tuesday	Roast Wednesday	Thursday	Fishy Friday
Main Course One	Macaroni & Cheese	Homemade Cottage Pie	Roast Pork Loin & Yorkshire Pudding	All Day Northumberland Breakfast	100% Fish Fingers
Main Course Two	Margherita Pizza or Tuna & Sweetcorn Pizza	Chicken Tikka Masala	Chicken Chow Mein	Pasta Carbonara	Oven Baked Chicken Fillet Selects
Vegetarian	Jacket Potato with a Choice of Fillings.	Veggie Shepherdess Pie	Tofu & Oriental Vegetable Chow Mein	All Day Vegetarian Breakfast	Quorn Nuggets
Sides	Potato Wedges Beans Cauliflower Garlic Bread	New Potatoes Fine Beans Naan Bread Rice	Roast Potatoes Broccoli Carrots	Potato Waffles Beans Grilled Tomatoes Garlic Bread	Chips Baked Beans Peas Salad
Sandwich or Jacket Potato	Sandwich with a Choice of Veggie Fillings.	Jacket Potato with a Choice of Fillings.	Sandwich with a Choice of Fillings.	Jacket Potato with a Choice of Fillings.	Sandwich with a Choice of Fillings.
Dessert	Apple & Cinnamon Muffins	Treacle Sponge & Custard	Waffle with Cream & Fruit	Brownie	Smores