Week Beginning 1st February 2021

P.E

Use the following grid to create a tally chart of the exercise you do. If you wanted to, you could then create a bar graph at the end of the week to show your results.

|  |  |  |
| --- | --- | --- |
| Activity | Tally | Total  |
| Joe Wicks |  |  |
| Wake Up Shake Up |  |  |
| Walk |  |  |
| Bike Ride |  |  |
| Other |  |  |