



Tim has just come home from school.  
“What’s all that rubbish?” asks his gran.  
“Gran! This isn’t rubbish,” says Tim.  
“This is my pirate ship!”

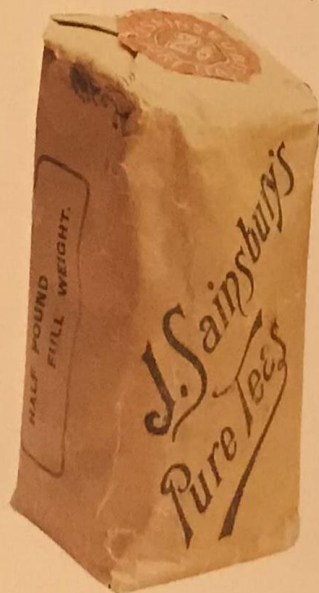


“Look at all these packets and bottles,” says Gran.  
“When I was little we didn’t have all this plastic.”





When Tim's gran was a girl  
some food came in tins.  
Some food came in boxes.  
Some food came in  
packets or jars.



“Some food didn't come in  
packets at all.  
The shopkeeper used to weigh  
the food and put it into  
a paper bag.”







There were no big supermarkets.  
There were lots of smaller shops.  
You had to tell the shopkeeper  
what you wanted.



Some shops had  
delivery boys.  
They carried the food to  
your home.

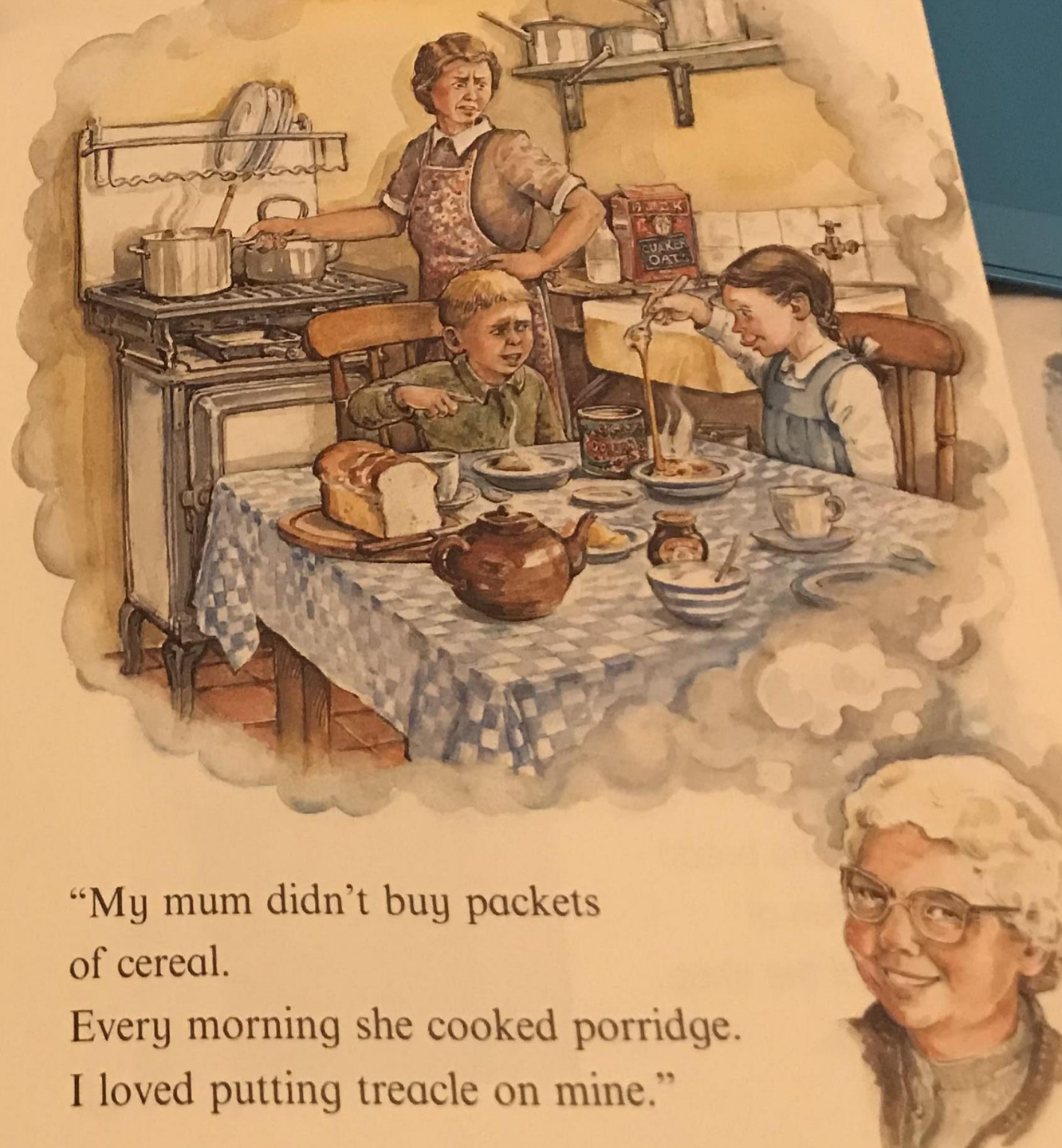


You could stop this man on the street.  
Can you see what he is selling?





Tim's favourite cereal is corn flakes.  
When Gran was a girl you could buy  
corn flakes, but the packets were  
very different.



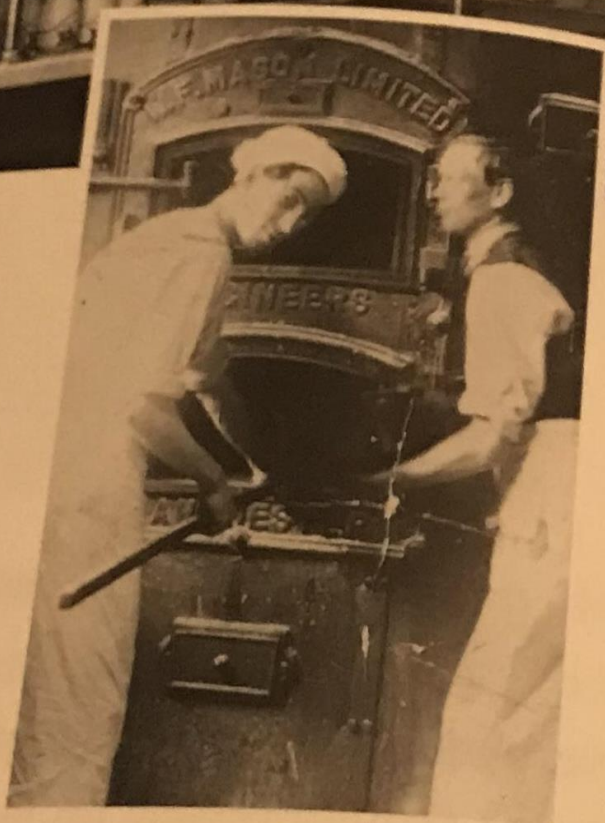
“My mum didn’t buy packets  
of cereal.  
Every morning she cooked porridge.  
I loved putting treacle on mine.”





The baker sold bread  
and cakes.

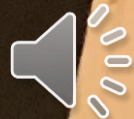
He baked the bread  
in a big oven at  
the back of the shop.



“We didn’t have a toaster.  
We made toast with a toasting fork  
by the open fire.”







Gran can remember  
her milkman.  
He collected the milk  
from the farmer every day.

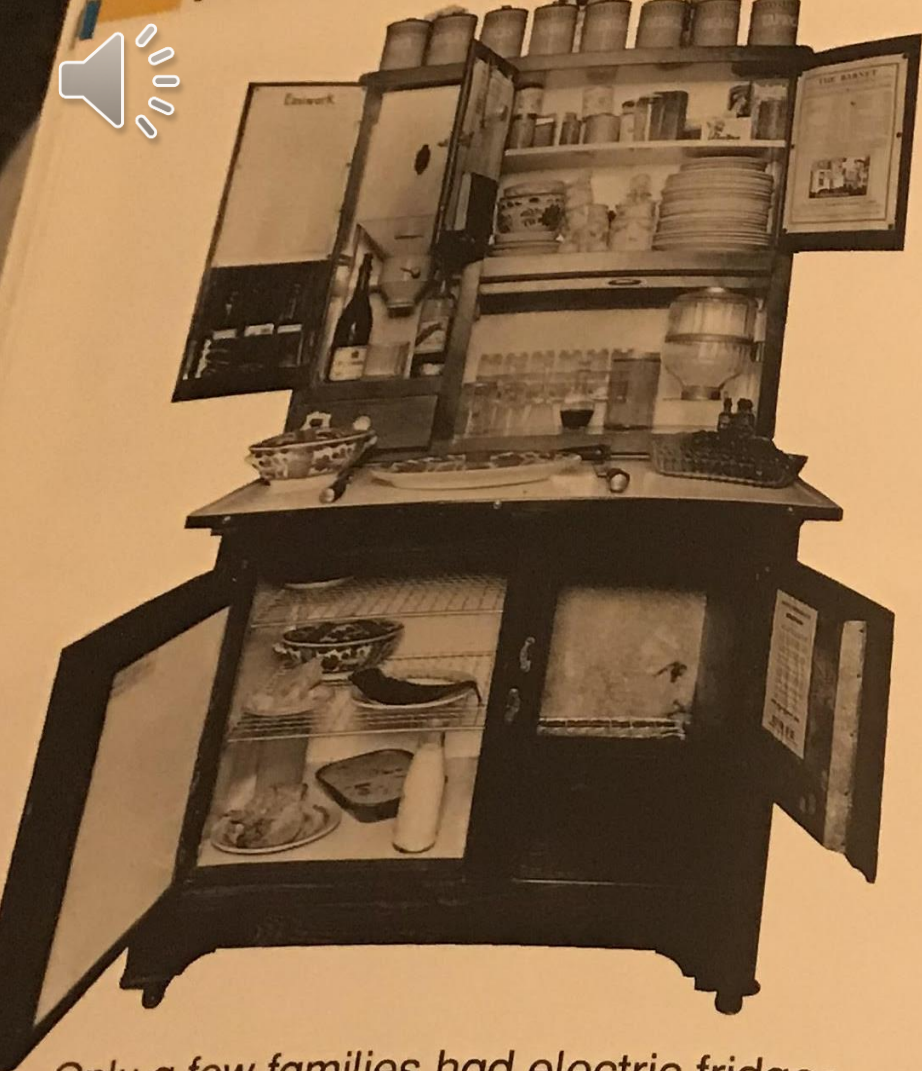
Then he brought the milk  
to her house.  
He sold cream and  
butter too.



Some milkmen carried  
the milk in a big churn.  
They turned a tap at the  
bottom of the churn and  
poured the milk into a jug.







Only a few families had electric fridges.  
You had to put ice into this fridge to  
keep the food fresh.  
You could buy ice from the fishmonger.



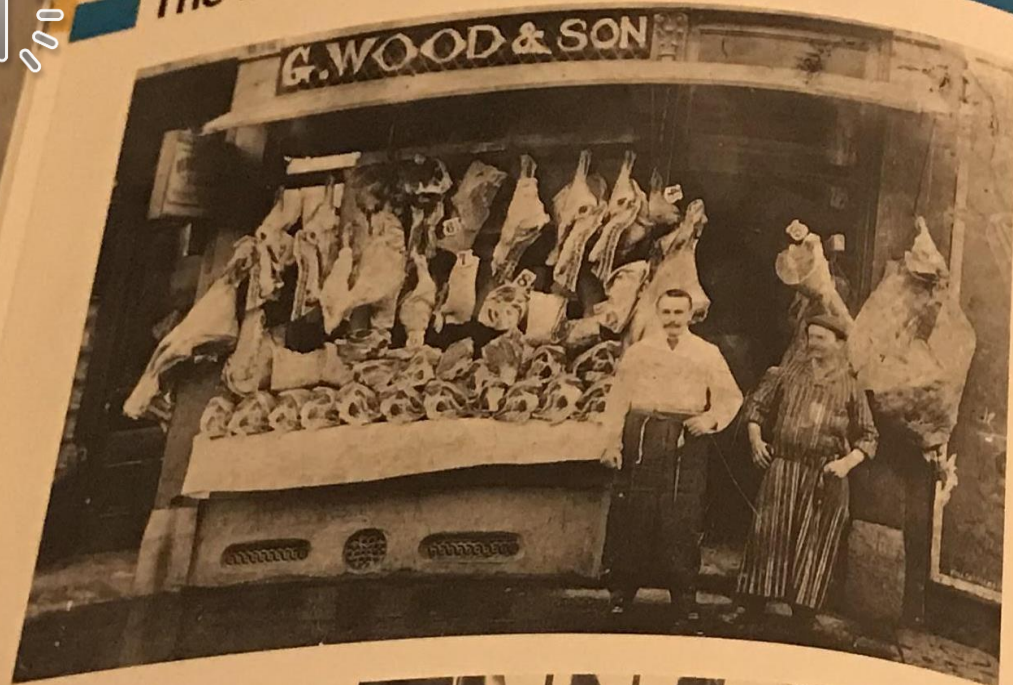
"We had a larder.  
It was the coldest room in  
the house.  
On hot days some food  
still went bad."





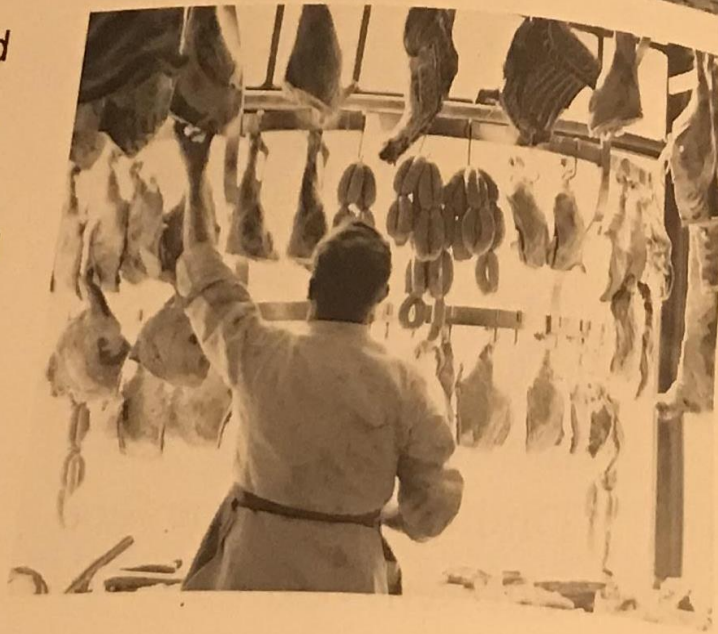


## The butcher



The butcher sold all kinds of meat.

He hung the meat on big hooks so you could choose what you wanted.



“When my mum bought a chicken she had to pluck it. Then she had to cut the head and feet off.”







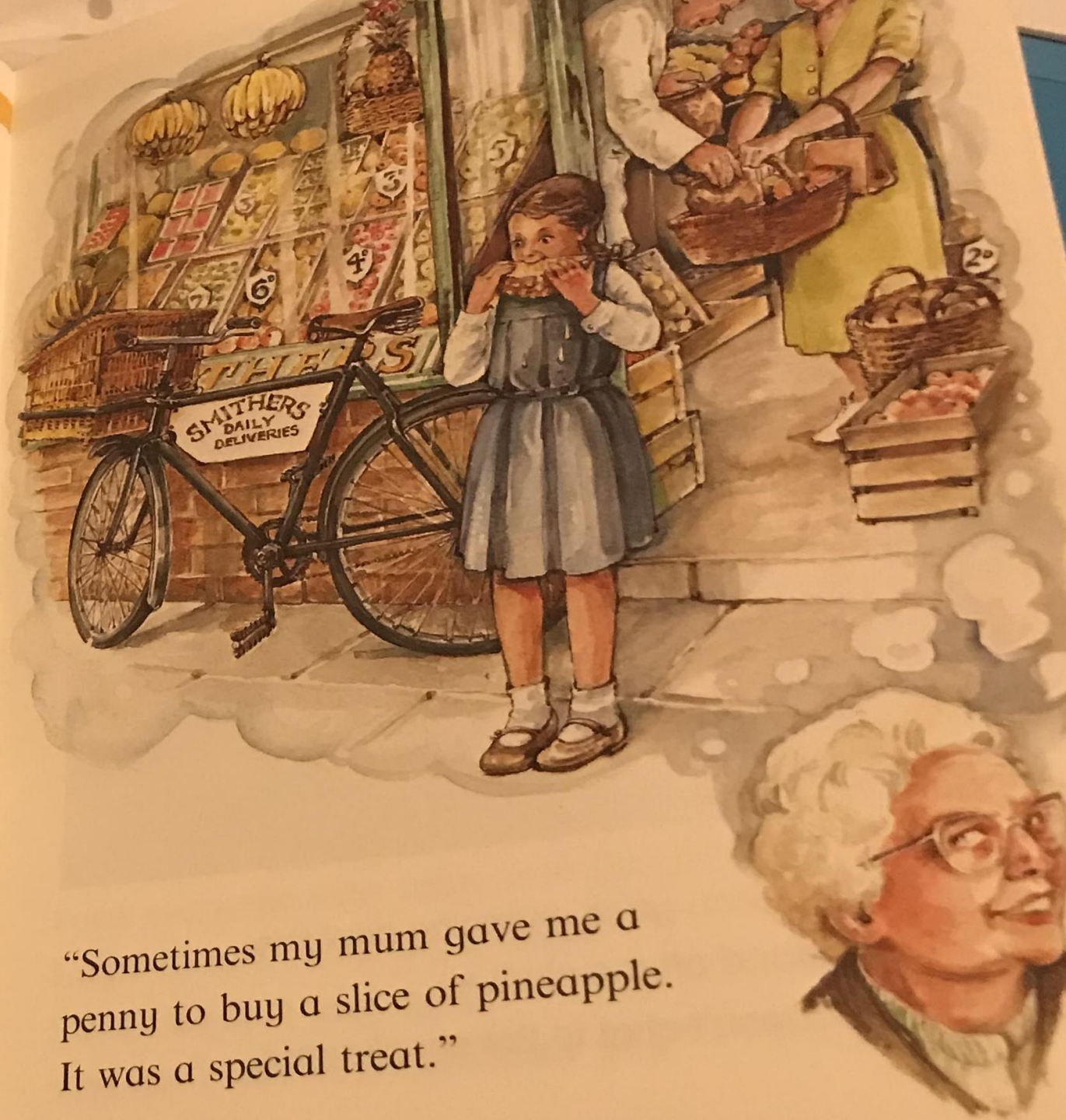
## The greengrocer



There were no frozen peas or chips when Gran was a girl.

Most people bought fresh vegetables from the greengrocer.

The greengrocer also sold tinned fruit.



“Sometimes my mum gave me a penny to buy a slice of pineapple. It was a special treat.”







When Gran goes shopping now she picks food off the shelves. She doesn't chat to the shopkeeper.



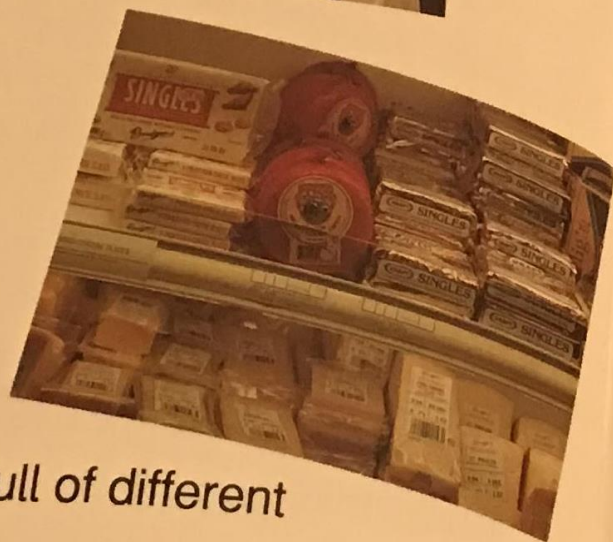
“When I was little the shopkeeper knew everyone who came into the shop. I used to talk to all my friends. I can't do that any more. You can't talk to a shelf, can you?”







## Looking at changes



Supermarkets today are full of different kinds of food.  
Which of these things could Gran buy when she was little?



Then

Now

Then and now

