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AFTER SCHOOL FOOTBALL

WHAT TO WEAR FOR INDOOR & OUTDOOR COACHING SESSIONS

- HATS / GLOVES
- TRACKSUIT
- SWEATSHIRT
- SHORTS
- SOCKS
- SHINPADS
- FOOTBALL BOOTS OR HARD TRAINING SHOES {OUTDOOR}
- INDOOR FOOTWEAR
- FOOTBALL STRIP OR T-SHIRT
- WATER PROOF JACKET

REMEMBER PARENTS WE CAN GET MUCH MORE QUALITY OUT OF THE CHILDREN IF THEY ARE WARM AND COMFORTABLE.

{BETTER TO HAVE TOO MUCH THAN TOO LITTLE}